



Unleash Your Super-Self!

The Power Of Personal Change

MetaMorphosis 101

Six Day NLP Training in Raglan
Monday 19 - Saturday 24 June 2017

Who Or What Is Your Super-Self?

It's that part of you that has deep intuitive wisdom, that knows your infinite potential and that makes great decisions. It is the learner and the knower. Sometimes you might access it fleetingly when you're 'in the flow' only to find it seems to disappear again when you could most use it.

What if you could access your Super-Self more often?

How different would life be if you had the skills to easily figure out what was driving someone's behaviour and to respond with objectivity and compassion instead of frustration and teeth gnashing? What if you had practical skills to help you really figure out how people 'tick' - and why everyone seems to 'tick' differently?

Introducing ...

The Power of Personal Change - MetaMorphosis 101

This six-day intensive training in Neuro Linguistic Programming (NLP) will give you practical tools and skills to become more of who you are. You'll improve your Emotional Intelligence (EQ) by gaining more self-awareness and awareness

of others. You'll develop the Soft Skills that are vital to your effectiveness in the 21st Century - in both your personal and professional relationships. In fact you'll put your People Skills on speed!

People with people skills are in high demand. At the same time, they're hard to find. ([Read this independent report to see the statistics](#)) This means

that those people who have learnt and can demonstrate these skills will be much sought-after as employees, team leaders and executives, often commanding higher salaries and more opportunities.

The training is for those who value their own development and/or who facilitate the growth and development of others. Typically, many previous graduates have wanted to achieve better, faster and longer lasting results in their own lives as well as with their clients, team members or customers. They want behavioural change - for themselves, with others - or both!

"Stunning! The skills learned in NLP training are able to be utilised in ALL walks of life. Steph is unique, superb, an excellent teacher. I loved it, loved it all. I'll really miss having my batteries recharged by the energy in this room."

Brent Hopkins - Trainer

"Life changing. Everything you get out of the course is positive both for work and personal life."

Jason Giacomazzi - Project Supervisor



Course participants

REAL People Skills

If you've ever tried to change a behaviour by constantly focusing on it, you know how difficult that can be - and how easy it is to slip back into the old ways. Stephanie Philp, your trainer, has a unique approach to training that works on both deeper and higher levels of mental, emotional and physical functioning. So instead of just learning a few new processes or structures, it will reshape the very foundation of your thinking; you'll almost be able to feel the new dendrites growing and reaching out to hold hands! Change happens easily and effortlessly, and at the deepest level.

Changes stay changed!

You don't have to 'try' to ensure the changes stay 'changed.' Your new ways of thinking and being will naturally have a flow-on effect to those around you, providing you with a feedback mechanism of how you're evolving. You'll make the changes you want for yourself and you'll also learn ways to help others make the changes they want.

That's why it's called, 'The Power of Personal Change'

When you change your own behaviour those around you respond differently. You'll make the changes you want for yourself and you'll learn how to help others make the changes they want - with care and integrity.

SOME of the Personal and Professional Approaches taught on 'The Power of Personal Change'

- Learn simple, quick techniques to feel the way you want to feel in any given situation; for example calm and in control instead of stressed, or energised and motivated when you want to get things done.
- Know what positive thinking *really* means and its impact on the achievement of your goals.
- Develop acute observation skills, so you can accurately 'read' people and support them to achieve their goals.
- Find out how you can be influential and persuasive without saying a word!
- Learn a communication model that forms the central core of NLP and explains how behaviours and responses are impacted by the unconscious filters we all have.
- Identify and understand the importance of values and use them to motivate yourself and others.
- Learn the Blueprint for Excellence and develop the flexibility and resilience of a rubber ball - bouncing back from setbacks and over obstacles.

Carefully layered and woven

"As a participant with a training and development background, it was a pleasure to be part of Steph's NLP Practitioner Training. Her own values, vast knowledge, years of experience and care for her participants are carefully layered and woven into every aspect of the course; making your time spent with her a stimulating, hilarious, invaluable learning journey."

The NLP Practitioner toolkit is something everyone can use and apply in every area of their lives; from work to relationships, parenting and beyond. I signed up to give myself the gift of some learning and inspiration. I'm so glad I did it."

Katherine Parrott
Owner - Red Feather

"Bloody fantastic! Felt safe and comfortable all the way through my training. Thank you Steph!"

Makerita Makepelu - Facilitator -
Theatre of Liberation

- Forget SMART goals! Use the PERFECT model to clarify, set and achieve goals that will be relevant in all aspects of your life. No more self-sabotage!
- Use specific, targeted questions to zoom in to the root cause of problems quickly and easily. These questions save time and give valuable insights into the thinking patterns driving behaviour.
- Learn a collection of skills for understanding people's unconscious thinking patterns and processes.
- Tap into your own brilliance and release floods of creativity and motivation - plus, help others do the same.
- Learn the 'body language' of language itself and create new, positive thought patterns and beliefs.
- Reduce stress levels and avoid burnout, yet still get the best out of people, (including yourself) every time.
- Discover the verbal, tonal and body language skills you need to communicate authentically and to make sure you get your message across so people truly understand and feel understood.
- Learn the skills used by charismatic leaders to positively and ethically influence and inspire others, both consciously and unconsciously.

Full course details, are available [here](#)

The Training environment and delivery

"The best course I have ever done.

A master course in personal development. Highly recommended."

Louise Coughlan - Physiotherapist

Small groups of participants (up to 12) mean you get the individual attention you deserve and the changes you want. I place a high value on creating a fun learning environment and a safe zone where you can feel free to take on new challenges. In order to grow and to successfully coach, mentor or lead others it's important to continue to challenge and develop yourself.

Each day's training builds upon and strengthens the foundations laid in previous days so your learning is as deep as it is exponential. It's holistic by design so it affects every area of your life and makes the learning 'sticky.' You get lots of practice and feedback. By the end of the course you're left with a new sense of personal and professional confidence about just how much more you're capable of.

The venue is Raglan Old School, right on the edge of Raglan township. It's a comfortable, light and airy venue.



Raglan Old School

"Changed my life! And we're just scratching the surface!"

Clinton Lyall -
Programme Manager, DOC.

"Inspirational! It was like going on holiday but at the same time learning intensely. Completing 101 gave me the skills I needed to safely and resourcefully challenge clients with their presenting issues.

This was an area I found most difficult in the past and now find I can quickly and effectively get to the source of the issue rather than work around the presenting symptoms."

Joanna Budai - Career Practitioner

NB. The Power of Personal Change - MetaMorphosis 101, is a stand-alone course and also the first of three 6-day block courses leading to **International NLP Practitioner Certification** (total 18 days). You're under no obligation to complete the full Practitioner Training but should you decide to continue you'll be relieved to know that you won't have to start again from scratch.

[Download this free eBook](#). It has more information about the Practitioner course contents, FAQ's and testimonials and will answer all your questions about NLP Practitioner Training. Or just visit metamorphosis.co.nz



Who's the course for?

The Power of Personal Change is for people who want to make changes in their personal and professional lives and/or who want to positively influence others in their growth and development.

Participants come from all occupations including; business, coaching, health care, education, training, sales, management, engineering, IT and human resource management. They share a curiosity about what makes people 'tick' and understand the importance of communicating effectively to facilitate cooperative change. They usually have a love of learning and a desire to continuously improve and develop, both personally and professionally. They know, at some level, that they are always capable of more.

Your Trainer



Hi, I'm Stephanie Philp.

I'm an internationally recognised NLP Master Trainer with the International Assn of NLP based in Switzerland and a Master Coach Trainer with International Coaching Institutes (ICI). My training courses are also recognised by the NZ Assn NLP (NZANLP). In addition I'm a qualified Coach Trainer in mBIT, (Multiple Brain Integration Techniques) a new

and exciting development in the field of NLP.

With a background in HR and senior management I have first hand experience in resolving the human challenges associated with business development. I have been training people to achieve deep and transformative change since 1994.

I have a humorous and inclusive facilitation style that has entertained people in England, Portugal and New Zealand. [Find out more](#)

I thought I'd learn doctrines

"I thought I would learn doctrines and philosophies that would be opposite to my cultural map of the world.

In fact it only enhanced it even more. My relationship with my wairua has strengthened 10 fold.

The biggest benefit I have received is the realisation that I have the answers to solving my issues and obstacles and that wellbeing is a state of mind.

I recommend this Raglan course, it's value for money and Steph is a great trainer.

I can't wait to share it with my Iwi. E te Iwi Kia Ora. (Good Life to the World)"

Goldie Akapita
Poukokori Kaupapa
(Project Manager)
Ngati Rangi Trust

Dates, Times and Investment

By paying early you not only secure your place (there are only 12) you also gain a significant discount.

Hours: 9.00 am - 6.00 pm each day



Course & Dates	Really Early Bird	Early Bird	Full Investment
Winter 2017 The Power of Personal Change Monday 19 June - Sat 24 June 2017	\$1595.00 (inc gst) Paid in full by 19 April 2017	\$1795.00 (inc gst) Paid in full by 19 May 2017	\$1895.00 (inc gst) Paid in full by 17 June 2015

Places are limited to 12 participants!!

3 Ways to register:

1. Book [here](#) at the website where you can pay with your credit card through my secure server.
2. [Email me](#) to save your place and I can send you an invoice (It must be paid by the date indicated above to receive the appropriate discount.)
3. Pay by direct banking. [Email me](#) for payment details.

Guarantee

I know how much difference this course will make to your life and I really want you to have the benefit of joining us. To make this as easy as possible, I offer ...

“The MetaMorphosis Makeover Promise”

“If you don’t see, hear and feel the transformation, I’ll give you your money back.” ([read the details](#))

With a guarantee like that - it’s a risk free investment!

But remember, there are only 12 places available.

So when you’re ready to unleash your Super-Self

Email me: steph@metamorphosis.co.nz

