



International 'Evolve Your World'

mBIT International Coach Certification



Overview

The discoveries of the heart and gut brains continue to gain more and more attention. A Google search for Heart and Gut Brains resulted in 577,000 results, with many popular magazines publishing articles on the subject.

mBIT (Multiple Brain Integration Techniques) **Coach Training** incorporates the latest developments from the fields of neuroscience, NLP, Positive Psychology and Behavioural Modelling. Combined with ancient wisdom, mBIT offers a practical framework and leading-edge models to achieve better decision-making and enhanced performance.

The aim of mBIT is to develop more compassionate, creative and courageous people who will lead by example and have a positive impact on the evolution of the world. If this aim makes sense to you; if it resonates with your heart, or your gut instinct is compelling you, read on.

What is mBIT?

mBIT is an abbreviation for **Multiple Brain Integration Techniques**. We have at least three separate brains or intelligences operating in our bodies. A 'brain' is, 'a complex, adaptive system of neural networks interconnected by large numbers of neurons and ganglia.'

Most people think of their brain as that soft squidgy thing in their head (cephalic brain). However, you also have complex neural networks in your gut (enteric brain) and your heart (cardiac brain). All three brains have habits and learned patterns and may be aligned or unaligned with the other brains.

While we now have scientific evidence of our three brains, the concept isn't new. Many esoteric and ancient teachings and disciplines going back over two thousand years indicate that it's more the norm than the exception to reference three souls or forms of intelligence.

Take your
coaching to
new levels...
with
Stephanie Philp



Hi, I'm Stephanie Philp. I'm the Head Consultant at **MetaMorphosis Ltd.** I'm a qualified Coach Trainer in mBIT, (Multiple Brain Integration Techniques) a new and exciting development in the field of NLP. I'm also an internationally recognised NLP Master Trainer with the International Assn of NLP based in Switzerland and a Master Coach Trainer with International Coaching Institutes (ICI). I'm on a mission to encourage and assist you to access more of your inner Genius! I have been training people to achieve deep and transformative change since 1994. I have a humorous and inclusive facilitation style and have trained people in the U.K, Portugal and here in New Zealand.

The insight of neuro-linguistics

If you've ever 'lost heart', been 'gutted', had a powerful gut reaction, or experienced deep intuitive messages from your heart, then you'll immediately recognise just how pervasive the intelligence of our multiple brains can be!

Learning the **mBIT processes** you'll be trained in you will discover how to re-pattern how your brains to work together to support and enhance life success.



"The course was valuable for it's simplicity and practicality. The issues worked on were overcome over a few periods of 15 minutes!

The course gives strategies for working on creating balance within, so that I can be my best self, as well as tools to use in my work that can help a person identify whether their issue is an issue of the heart, or head or identity (gut).

Trish Knight
Registered Nurse

Unaligned brains cause internal conflicts

When our brains fight or ignore each other, we experience all manner of problems.

- Conflicts between thoughts, feelings and behaviour.
- Self-sabotaging behaviours.
- Procrastination or inability to take action.
- Chronic health issues, especially those related to the gut or heart.
- Unsure of own identity.
- Inability to make decisions or constantly second guessing oneself.
- Lack of motivation.

Based on years of behavioural modelling research, this Coach Training brings profound insights about how our brains produce internal conflict. The course provides techniques for resolving these conflicts and having our brains communicate and operate in an aligned manner; alignment that is vital for an integrated life of harmony, success, happiness and wisdom.

mBIT Coach Training brings together all of the research findings along with behavioural modelling of the three brains into a practical framework that provides a set of self-evolutionary tools for wiser decision-making in all areas of life, allowing you to take your life to new levels.

The Leading Edge of Coaching and Development

Recognised for its effectiveness and applications in a variety of disciplines, mBIT is spreading like wildfire across the world. Already established in 28 countries including Australia, New Zealand, Canada, South Africa, and China, as well as throughout the UK and Europe, mBIT coaches are leading transformative personal and business development. mBIT is a beautifully simple, yet profoundly deep model. As an mBIT Coach, you'll enable yourself and others to connect with the multiple centres of intelligence we all possess, facilitating new levels of wisdom to emerge.

Why is the course in Raglan?

Raglan is a fabulous place to visit for a course! With friendly people, no traffic or parking hassles and wonderful scenery, Raglan has it all; wild west coast surf, or inner harbour tranquility, walks and various fun activities. The Raglan House is at the top of Raglan Township – so handy for all the cafes and artisan shops, waterfront etc.

The Lonely Planet Guide says, 'Raglan might be NZ's perfect surfing town.' And, 'Raglan might also be NZ's best-looking town. It's exactly the sort of laid-back, charming place that sees you shuffle your itinerary to extend your stay.'

This course is for you if you want to:

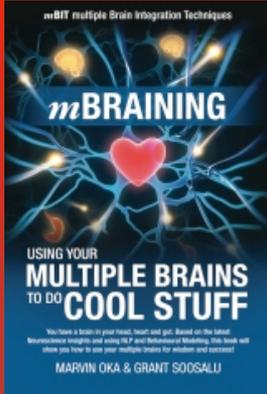
- Develop and expand your life, to make changes that will enable you to be more efficient, happier, healthier and more wise.
- Gain a whole new set of skills for your professional life.
- Coach, lead, support or train others to be the best they can be.
- Be a leader in this proven yet still newly emerging and thriving field.
- Accelerate and amplify your existing personal development practices.
- Bring deep intuitive wisdom to your decision making and action taking.
- Connect with your self and others in ways you may not have experienced before.
- Discover practical ways to resolve internal conflicts so you can be aligned and congruent.
- Create wise and compelling goals, dreams and outcomes.
- Liberate your human spirit, get in touch with your passions and enliven true heart-felt joy and enthusiasm for life.
- Create more, be more, and truly evolve your world in wise and generative ways.
- How to recognise and interpret the different languages of you three main intelligences.
- The prime functions of your head, heart and gut brains.
- Streamline your coaching processes to gain, quicker, deeper and more generative results.
- Boost your coaching effectiveness by learning to facilitate all three of your client's intelligences.
- Tap into an international professional community of mBIT coaches working collaboratively to bring evolutionary change to the world.



“I can’t begin to tell you how amazing the whole thing was for me and how incredibly grateful I am to you – and the Universe – for this gift. It truly was life changing and I am still processing (digesting) it all. It resonates with our Hearts in Healthcare work at so many different levels – I feel as though the possibilities are infinite and it’s a piece of the jigsaw that was missing and we didn’t even know! And then there’s my personal and family life! It was very valuable understanding the functions and the highest expressions of the 3 brains and how to align them. It’s a great opportunity to understand yourself and your clients in a way that will benefit every part of your life. Stephanie was awesome – truly, really, deeply. I am so grateful for the opportunity to do this and I’m sure it will enhance our work as well as my own personal growth. Once again thanks so much Stephanie “

Meredith Youngson -
Co-founder -
Hearts in Healthcare

Based on the
breakthrough book
by Marvin Oka and
Grant Soosalu



“There was good, clear communication and illustration of the training material and lots of time to practice the new learning to build confidence and experience in coaching.

Steph’s a great trainer – she’s experienced (and it shows). She models excellence in her presentations and demonstrates with great clarity and skill.

Thanks again for the gift of your rich offerings in the form of the mBIT training, to my personal growth, development and evolution towards my highest expressions and possibilities of selfing.”

Joseph Hartzenburg



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mBIT International Coach Certification - 3 - 6 April 2017 Raglan, New Zealand

Brought to you by Stephanie Philp at MetaMorphosis Ltd.

“Change that is... fast, powerful, profound”

3 Ways to Register and Pay

1. By credit card on a secure server at <http://metamorphosis.co.nz/course/mbit-coaching-certification/>
2. Email Stephanie, steph@metamorphosis.co.nz to secure your place and receive an invoice. (Please note invoice must be paid in full by Early Bird Date to secure any discounts & before the course starts.)
3. By direct banking to MetaMorphosis Ltd. A/c No: 123031 0023153 00.

Venue: The Raglan House, Bow Street, Raglan

Date: Monday - Thursday 3-6 April 2017

Time: 9.00 am - 6.00 pm daily

Investment includes: Course Manual, mBraining book, morning and afternoon teas. Bring your own lunch or enjoy exploring our local cafes.

Investment

- Early Bird investment (before 26 February) \$1595.00 (inc gst)
- Regular Rate (after 26 February) \$1895.00 (inc gst)
- RRP: \$1995 PLUS gst
- **Please note:** Course is limited to 8 participants.

Terms and Conditions

- Withdrawal/transfer from the course after enrolment incurs a minimum 10% fee for administration costs.
- Withdrawal from the course within 1 month prior to start date defaults 25% of the course fee.
- Withdrawal from the course within 2 weeks prior to start date defaults 50% of the course fee.
- Withdrawal from the course - Within last week before course date the fee is non-returnable.

In the rare and unforeseen circumstances a course has to be cancelled a full refund of course fees will be given (or fees transferred to a later date), no travel or accommodation costs associated with the booking will be refunded.

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