

SOME of the Personal and Professional Approaches Taught:

- Learn the techniques to build rapport with anyone - no matter how difficult they may be. This is too important to leave to chance, because, without good rapport, you'll have no influence.
- Master the ability to maintain a physical and emotional state that's conducive to achievement, for example; calm and in control instead of stressed, or energised and motivated when you want to get things done. When you take control of your state, others can't 'push your buttons'.
- Forget SMART goals! Use the PERFECT model to set, clarify, and turn your dreams into reality. No more self-sabotage!
- Learn a collection of skills for understanding people's unconscious thinking patterns and processes.
- Discover the verbal, tonal and body language skills you need to communicate authentically and to make sure you get your message across so people truly understand and feel understood.
- Use specific, targeted questions to zoom in to the root cause of problems quickly and easily. These questions save time and give valuable insights into the thinking patterns driving behaviour.
- Enable others to tap into their own Super-Self and release floods of creativity and motivation.
- Reduce stress levels and avoid burnout, yet still get the best out of people - including yourself - every time.
- Know what positive thinking *really* means and how it impacts all areas of life.
- Learn the skills used by charismatic leaders to positively and ethically influence and inspire others, both consciously and unconsciously.
- Identify and understand the importance of values and use them to motivate yourself and others or to ethically sell your products and services.



Dates, Times and Investment

Save \$300! By paying early you not only secure your place (there are only 12) you also save money!

Course Dates and times	Early Bird	Full Investment
Autumn 2019 Monday 20 - Sat 25 May 2019 9.00 am - 6.00pm	\$1595.00 (inc gst) Paid in full by 22 April 2019	\$1895.00 (inc gst) Paid in full by 13 May 2019

Guarantee

I know how much difference this course will make to your life, so I really want you to have the benefit of attending. To make this as easy as possible you have...

'The MetaMorphosis Makeover Promise'

"If you don't see, hear and feel the transformation, I'll give you your money back."

With a guarantee like that - it's a risk free investment!

Register Online Now! <https://bit.ly/2BLxL3k>

Or contact: Stephanie P: 021-684-395

E: steph@metamorphosis.co.nz

NB This is a stand-alone course. It is also the first of 3 x 6-day block courses leading to NLP Practitioner Certification. You can get more information about this and the other two courses, including this free 30 page Training eBook and testimonials, by visiting the website: metamorphosis.co.nz/course/nlp-practitioner-training/

"Life changing. Everything you get out of the course is positive both for work and personal life."

Jason Giacomazzi - Project Supervisor

"The best course I have ever done. A master course in personal development. Highly recommended."

Louise Coughlan - Physiotherapist

"Changed my life! And we're just scratching the surface!"

Clinton Lyall - Programme Manager, DOC.



Unleash Your Super-Self!

The Power Of Personal Change - MetaMorphosis 101

Old School Arts Centre - Raglan
Monday 20 - Saturday 25 May 2019

Your Super-Self...

is that part of you that has deep intuitive wisdom, that knows your infinite potential and that makes great decisions. It is the learner and the knower. Sometimes you might access it fleetingly when you're 'in the flow,' only to find it seems to disappear again when you could most use it!

What if you Could Access Your Super-Self More Often?

How different would life be if you had the practical skills to increase your sense of fulfilment? What if you could easily figure out what was driving someone's behaviour? If you could determine how people 'tick' and why everyone seems to 'tick' differently? What if you could respond with objectivity and compassion instead of frustration and teeth gnashing? What if you could coach easily and effectively?



The Power of Personal Change - MetaMorphosis 101

A Six-day Intensive Training in Neuro Linguistic Programming (NLP)

In this course you'll gain tools and skills found nowhere else. You'll improve your Emotional Intelligence (EQ) by gaining high level awareness of how you impact others. You'll develop and build upon the soft skills that are vital to your effectiveness in the 21st Century - in both your personal and professional relationships.

In Fact - You'll Put Your People Skills On Speed!

People with people skills are in high demand. At the same time, they're hard to find. This means that those folk who have learnt and can demonstrate these skills are highly sought-after in people-centred roles: team leaders, executives, HR professionals, engineers, coaches etc., often commanding higher salaries and greater opportunities.

REAL People Skills

If you've ever tried to change something by constantly focusing on it, you know how difficult that can be - and how easy it is to slip back into the old ways. This course involves a unique approach to training that works on both deeper and higher levels of mental, emotional and physical functioning.

Changes stay changed!

So instead of just learning a few new processes or structures, what you learn will reshape the very foundation of your thinking; you'll almost be able to feel the new dendrites growing and reaching out to hold hands! Change happens easily and effortlessly, and at the deepest levels.

Who Is The Course For?

The training is for you - if value and recognise that all successful development begins with personal development. You may also have a coaching or facilitation element to your work, or a desire to facilitate the growth and development of others. Many previous graduates have wanted to achieve better, faster and longer lasting results in their own lives as well as with their clients, team members or customers.

Tap Into Your True Potential

You have incredible hidden potential which you'll learn to tap into. Your fresh ways of thinking and being and your increasing flexibility, will naturally have an impact on those around you. And, when you change your behaviour, those around you *have* to respond differently. Their reactions provide you with a feedback mechanism that lets you know how you're evolving.

That's why it's called, 'The Power of Personal Change'!

By adapting your underlying mindset, you'll make the changes you want for yourself. Many participants notice increasing optimism and confidence, that naturally and positively influence others. And you'll learn how to coach others to make the changes they want - with care and integrity.

Your Trainer

Hi, I'm Stephanie Philp. I'm an internationally recognised NLP Master Trainer with the International Assn of NLP based in Switzerland and a Master Coach Trainer with International Coaching Institutes (ICI). This training is recognised by and surpasses the requirements of NZ Assn NLP. In addition I'm a qualified Coach Trainer in mBIT, (Multiple Brain Integration Techniques) a new and exciting development in the field of NLP. I have been training people to achieve deep and transformative change since 1994. I have a humorous and inclusive facilitation style and have trained people in England, Portugal and New Zealand.

